What is Capsule Monarch?

Capsule Monarch is a gastrostomy tube (G-Tube) that is used to help feed someone who is unable to eat, by mouth, all they require. Unlike other G-Tubes the Capsule Monarch is not held in place by a balloon - but uses an internal retention disk that is opened inside the stomach after the Capsule Monarch is inserted.
If the Monarch G-Tube becomes blocked you may attempt to unblock it by trying to flush with 10ml of warm water, carbonate or soda water. Push plunger of syringe backward and forwards. If you can see or feel the blockage squeeze or massage the tube at that point. Leave the tube for 15 min then flush with water again. If this fails to unblock the tube please contact the healthcare professional who usually advises you on your G-tube.

**Monarch G-Tube falls out**

If you have been given a replacement device and have been shown how to place it then you should do so, if not contact healthcare professional who usually advises you on your G-tube immediately.

It is important that the Monarch G-Tube is replaced as soon as possible to prevent the stoma closing. IMPORTANT do not remove the Monarch, if it has fallen out and you do not have an alternative and cannot contact the healthcare professional who usually advises you on your G-tube contact to your nearest hospital as soon as possible!

**Problems with Stoma**

Contact the healthcare professional who usually advises you on your G-tube if your stoma;

- Emits an odour
- Persistently bleeds
- Is constantly red or the surrounding skin is red and swollen.
- Has pus around it &/or oozes profusely.

**Care and Hygiene**

- **General Care and Hygiene**
- **Hand Washing**

Always wash your hands before and after;

- Care of the tube
- Administration of feeds or medication

**Daily**

- Clean and dry the skin around the stoma site twice daily
- Once every day rotate the tube in a full circle

*Patients and Carers: The healthcare professional who advises you on feeding or medication administration will advise you on this.*

**Weekly**

Once every week the external retention bar (shaped like an upside down “T”) should be moved up the tube away from the skin 1-2 cm (approx. 1 inch) and the Monarch G-Tube pushed into the stomach. This prevents the internal retention disk from sticking to the inside wall of the stomach.

The Monarch G-Tube should then be rotated 360° and then gently pulled back until resistance is felt. The external retention bar should then be moved back to be in contact with, but not tight against the skin.

*Patients and Carers: The healthcare professional who advises you on care of your G-Tube, feeding or medication administration will advise you on this.*

**Feeding & Administration of Medicines**

To prevent blockages, the Monarch G-Tube should be flushed with 30ml (or as advised by your healthcare professional) of sterile or cooled boiled water before and after feeding or administration of medicines.

You should also flush in between giving medications, to reduce the risk of medications reacting with each other and potentially causing a blockage of the tube.

If the feed is continuous then the Monarch should be flushed three times a day.

**Replacement Capsule Monarchs and Capsule Monarch Parts**

New Capsule Monarchs and Capsule Monarch parts can be ordered through a variety of sources;

- Direct from Enteral UK (01757) 282945
- NHS Supply Chain
- Enteral Feeding Companies

<table>
<thead>
<tr>
<th>Capsule Monarch®</th>
<th>NHS Code</th>
<th>Direct Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>12Fr Replacement Peg</td>
<td>FWM1390</td>
<td>9-C1210-SAF</td>
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<td>14Fr Replacement Peg</td>
<td>FWM1391</td>
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<tr>
<td>20Fr Replacement Peg</td>
<td>FWM1370</td>
<td>9-C2010-SAF</td>
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<td>12Fr Replacement Peg - With Guidewire</td>
<td>FWM1370</td>
<td>9-CG1210-SAF</td>
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<tr>
<td>14Fr Replacement Peg - With Guidewire</td>
<td>FWM1369</td>
<td>9-CG1410-SAF</td>
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<td>12Fr Replacement Y connector</td>
<td>FWM1390</td>
<td>9-C1210-SAF</td>
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<tr>
<td>14Fr Replacement Y connector</td>
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<tr>
<td>12Fr Replacement luer with tethered cap</td>
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*Patients and Carers: if you think that your Capsule Monarch requires changing or replacement parts please contact the healthcare professional who usually advises you on care of your G-tube, feeding or medication administration.*